

Conemaugh East Hills



Education and Support Groups

ALS

Second Wednesday of the month
3 - 4 pm • 814.955.7215

Brain Injury

Last Thursday of the month
3 - 4:30 pm • 814.955.7215

Breastfeeding*

First Thursday of the month
6 - 9 pm • 814.534.9009

Cardiac Rehab

First and third Wednesday • 10 - 11 am
Second Wednesday • 1:30 - 2:30 pm
814.534.1990

Chronic Pain/Multiple Sclerosis

Second Monday of the month
4:30 - 5:30 pm • 814.534.3797

Epilepsy

Fourth Wednesday of the month
4 - 5 pm • 800.361.5885

Parenting by Choice

First Wednesday of the month
6 - 7 pm • 814.534.7926

Parkinson's Disease

Third Wednesday of the month
2:30 - 3:30 pm • 814.955.7215

Prepared Childbirth*

Second/third/fourth Thursday
7 - 9 pm • 814.534.9009

Pulmonary

Fourth Friday of the month
11 am - 12 pm • 814.534.9665

Womens' Cancer

First/third Tuesday of the month
except January
6 - 8 pm • 814.266.9194

Learn more at conemaugh.org.

*Preregistration required

October 2019